

LCMS Coed Soccer

Fall 2023

Coach: Vince Cicotte

Assistant Coach: Jeff Stamback

First Practice: Tuesday 9/5/23 -- (Team meeting Friday, 9/1/22 Coach Cicotte's Rm.)

Practice Times: 2:45-4:15 M-Fri. (No Friday-practices after first game)

Place: Left field of varsity baseball field, north of the elementary school

Eligible: LCMS girls and boys, grades 6-8

Required Forms on FinalForms:

- Student FinalForms
- Parent FinalForms
- **Current sports physical---To be uploaded onto FinalForms**
- Concussion sheet
- Fees paid: 1- ASB card 2- Sports fee for soccer

Goals:

- Have fun
- Improve soccer skills
- Improve understanding of game and strategies
- Improve and maintain fitness
- Work hard
- Win

Expectations:

- Be positive
- Follow directions
- Ask questions
- Focus on coaches

Requirements:

- Maintain academic, behavioral, and attendance eligibility
- Maintain respectful and appropriate behavior toward adults and students at practice, games, sidelines, and while at school. Behavior at all school activities affects sports eligibility.

Gear Needed:

- Cleats
- Shin guards
- Soccer socks (royal blue)
- Water bottle
- Clothing for cold, wet, fall weather

Transportation: *Practice*- Families are responsible for transportation to and from practice.

Games- School transportation (busses) required. Parents who wish to take students home from away-competitions are required to sign their athlete out with the coach before leaving.

Communication: Will be done primarily through the "Remind" texting app. Coaches will request phone numbers at the beginning of the season. School email is always open and welcomed as well: **vcicotte@lc.k12.wa.us**

LCMS Coed Soccer Schedule- Fall 2023
Game-Start: 4:00

	HOME		AWAY
Tues., 9/19/23		@	Allen
Thurs., 9/21/23	MVC		
Tues., 9/26/23		@	ICRS
Wed., 9/27/23	Orcas		
Tues., 10/3/23	LU-White		
Thurs., 10/5/23		@	Bayview
Tues., 10/10/23		@	LU-Red
Thurs., 10/12/23		@	Edison
Tues., 10/17/23	Conway		