

## COVID -19 Remote Learning Schedule

We've been asked to send home a suggested weekly schedule for home learning. OSPI (the Washington State Office of Public Instruction) has made the recommendation that 5th grade students complete, on average, 90 minutes of distance learning a day (Monday-Friday). Remember, this 90 minute includes time for what we called pull-outs when we were in school... band, art, S.T.E.M. stuff, etc. As much as possible, I'd suggest you start at about the same time every morning. I know it's really helped me to put myself on a specific start time. (While I don't always stick to it, knowing that 8:30 a.m. is my goal helps me get my day started and gives me the structure I need.)

Wake-up	Breakfast, make bed, etc	
Oxygen to the brain	Walk the dog, check on the garden, feed the chickens, jump on your trampoline, etc.	
Academic/school time  (Try to start at the same time every day.) every day.)	(Remember, to turn off your electronics) Use this time to work on packet work + reading + write in journal/composition book + fluency fact log (20 minutes of each daily or do one each day and then be done for the week)	50 min
Creative Workshop	Kids... think of this as your pull-out time in school... Ideas/Suggestions: <ul style="list-style-type: none"> <li>· 1) Play your band instrument – challenge yourself to learn all the songs in your book.</li> <li>· 2) Art/Drawing time</li> <li>· 3) Project time – What do you want to try and build/investigate? Ideas: make a comic book, build a cardboard rubrics cube, etc.</li> </ul> 4) Wednesday turn this into <u>puzzle time</u> – mess around with Legos, put together a puzzle, make a giant dominos structure, build a tower with a deck of cards.	25 min.
Tech Learning Laptop, iPad, Chromebook,	1) Check your email and go to Google classroom 2) Practice your skills ~ <a href="http://www.ixl.com">www.ixl.com</a> , multiplication.com, Type to Learn, <a href="http://www.factmonster.com/flashcards">www.factmonster.com/flashcards</a> , <a href="http://www.sheppardsoftware.com/mathgames/menus/multiplication.htm">www.sheppardsoftware.com/mathgames/menus/multiplication.htm</a> 3) Once a week listen to a podcast. Check out 6 minutes, Eleanor Amplified, Flyest Fables or the Radio Adventures of Dr. Floyd.	15 min.
Lunch... till bedtime	Now you've got all afternoon & evening to do whatever you want!	

